







K5 - 12th Breakfast Menu

<div style="display: flex; justify-content: space-between; align-items: center;"> <div style="text-align: center;">  <p>BREAKFAST</p> </div> <div style="text-align: center;">  <h1 style="margin: 0;">Breakfast Weekly Menu 2024-2025 K5-12th</h1> </div> <div style="text-align: center;">  <p>Breakfast All students</p> </div> </div> <p style="text-align: center; font-size: small; margin-top: 5px;"> Students can Choose 3 to 4 breakfast items, one of the items has to be Fruit or 100% Juice start at 7:10 am and ends at 7:40am are eligible for one FREE Breakfast meal Additional meal or staff meal \$4.50 </p>						
Monday	Grilled cheese Sand	Fruit Yogurt Variety low fat	Fresh Fruits: Apples slices	Apple Sauce cup	100% juice : Apple juice or Orange Juice	Milk: 1% White, Fat Free Chocolate
Tuesday	Eggs & Cheese w/whole wheat bun	Whole grain Cereal Variety	Fresh Fruit: Orange Slices	Apple Sauce 1/2 cup	100% juice : Apple juice or Orange Juice	Milk: 1% White, Fat Free Chocolate
Wednesday	Whole Grain Croissant	Mozzarella Cheese Sticks	Fresh Fruit: Apple slices Or Banana	Apple Sauce 1/2 cup	100% juice : Apple juice or Orange Juice	Milk: 1% White, Fat Free Chocolate
Thursday	Eggs and potato w/whole wheat dinner roll	Whole Grain Muffin	Fresh Fruit: Fruit Salad	Apple Sauce 1/2 cup	100% juice : Apple juice or Orange Juice	Milk: 1% White, Fat Free Chocolate
Friday	Whole grain Waffle w/Syrub O	Whole grain Cereal Variety	Fresh Fruit: Apples or apple slices	Apple Sauce 1/2 cup	100% juice : Apple juice or Orange Juice	Milk: 1% White, Fat Free Chocolate

K3 - K4 Breakfast Menu

  <h3>Breakfast Weekly Menu 2024-2025 K3&K4</h3>  <p>Breakfast Starts at 7:40am and ends at 7:55am</p>			
	Grain & Meats/meat alternates	Fruit Or 100% juice	Milk: 1% White
Required size for preschool	1/2 oz	1/2 cup	6oz
Monday	Grilled cheese Sand	Apples slices	Milk: 1% White
Tuesday	Eggs & Cheese w/whole wheat bun	Fruit cup Apple juice	Milk: 1% White
Wednesday	Whole Grain Croissant Cheese stick	Banana	Milk: 1% White
Thursday	Eggs and potato w/whole wheat dinner roll	Apple sauce Orange Juice	Milk: 1% White
Friday	Whole grain Waffle w/Syrub Fruit Yogurt	Orange slices	Milk: 1% White