



Breakfast Weekly Menu 2026-2027 Toddlers, K3 & K4

All students are eligible for one FREE Breakfast meal



	Grain & Meat/Meat alternates	Fruit/ Veggies	Milk
Required size	1/2 oz M/MA	1/2 cup Fruit	8 oz
Monday	Grilled cheese Sand Or Cheese Pie Fruit Yogurt	Apple Sauce or Orange Juice	Milk
Tuesday	Eggs & Cheese Bread sliceses Ceareal	Fresh apples	Milk
Wednesday	Whole Grain Croissant Mozzarella cheese	Oranges	Milk
Thursday	Scrambled Eggs Bread Slices	Diced Potatoes Fruit cup	Milk
Friday	Cereal Whole grain Waffle	Bananas	Milk



Breakfast Weekly Menu 2026-2027 K5-12th



**Students can Choose 3 to 4 breakfast items, one of the items has to be Fruit or 100% Juice
start at 7:00 am and ends at 7:35am**

**Breakfast
All**

students are eligible for one FREE Breakfast meal Additional meal or staff meal \$4.50

Monday	Grilled cheese Sand Or Cheese Pie	Fruit Yogurt Variety low fat	Fresh Fruits: Apples slices	Apple Sauce 1/2 cup	100% juice : Apple juice or Orange Juice	Choice of Milk
Tuesday	Eggs & Cheese w/whole wheat bun	Whole grain Cereal Variety	Fresh Fruit: Orange Slices	Apple Sauce 1/2 cup	100% juice : Apple juice or Orange Juice	Choice of Milk
Wednesday	Whole Grain Croissant	Mozzarella Cheese Sticks	Fresh Fruit: Apple slices Or Banana	Apple Sauce 1/2 cup	100% juice : Apple juice or Orange Juice	Choice of Milk
Thursday	Scrambled Eggs W/ Dinner rolls Potatoes	Whole Grain Muffins	Fresh Fruit: Fruit Salad	Apple Sauce 1/2 cup	100% juice : Apple juice or Orange Juice	Choice of Milk
Friday	Whole grain Waffle w/ Syrub Or whole grain French Toast	Fruit Yogurt Variety low fat	Fresh Fruit: Apples or apple slices	Apple Sauce 1/2 cup	100% juice : Apple juice or Orange Juice	Choice of Milk