

May 2021

Lunch Meal contains five items: 1Fruit, 1Vegetable, 1Grain, 1 Meat or





Meat alternate and 1 Milk. All students are eligible for one free Lunch meal Complete meal is 3 to 5 items from the menu one of the items has to be Fruit or Vegetable



AMERICAN YOUTH ACADEMY



Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 K3-5th: Extra Cheese Pizza Garden Salad Grape Tomato	4 K3-5th: Chicken Fingers , Fries, Baby Carrots	5 K3-5th: Pasta with Spaghetti sauce And ground beef Salad mix	6 K3-5th: Baked Boneless chicken , Green Beans and tomato Sauce, Brown Rice, Salad Mix	7 K3-5th: Chicken Nuggets , Pasta Salad Salad mix Baby carrots	8
9	10 	11 12 13 Eid Alfitr Break			14 	15
16	17 K3-5th: Extra Cheese Pizza Garden Salad Grape Tomato	18 K3-12th: Chicken Patties, Garden Salad Fries	19 K3-5th: Beef Taco Fries, Baby Carrots K3-12th: Taco Salad Corn Nachos	20 K3-12th: Mac and Cheese Steamed Broccoli Chili Soup	21 K3-12th: Chicken Nuggets , Baked Potatoes Salad mix	22
23	24 Semester Exams K3-5th: Extra Cheese Pizza Garden Salad Grape Tomato	25 Semester Exams K3-5th: Chicken Fingers , Fries, Baby Carrots	26 Semester Exams K3-5th: Chicken Patties, Garden Salad Baby Carrots	27 K3-5th: Extra Cheese Pizza Garden Salad Grape Tomato	28 K3-5th: Chicken Nuggets , Pasta Salad Salad mix	29
	31 Memorial Day					

Fresh Fruits or 100% Juice, Bread & Milk will be offered with all meals. , All Students Eligible for FREE Meal Daily Staff : \$4.00

Please note that the menu is subject to change depending on the availability of food products.